



## Recommended Co-op Schedule for Kinesiology Diploma

September - December	January – April	May - August
Academic Term 1	Academic Term 2	Work Term
Academic Term 3	Academic Term 4	Graduation

Employers are encouraged to recruit up to four months prior to work terms and/or graduation.

### Program Structure

The Kinesiology program has been designed with the following major options:

- Kinesiology Diploma - Fitness Option
- Kinesiology Diploma - Health Science Option
- Kinesiology Diploma - Recreation Option
- Kinesiology Diploma - Education Option

For more program details:

<https://www.okanagan.bc.ca/kinesiology-diploma-previously-human-kinetics-diploma>